

WOMEN'S FREEDOM CENTER

**NO  
ONE  
DESERVES  
TO BE ABUSED**

**SUPPORTING  
WOMEN'S  
VOICES &  
CHOICES**

**Since 1974**

**A SAFE SUPPORTIVE  
SPACE FOR ALL  
WOMEN WHO  
ARE SURVIVORS  
OF DOMESTIC  
AND/OR SEXUAL  
VIOLENCE**

**24hr hotline**

**802-254-6954**

**FREE & CONFIDENTIAL**

THERE IS HELP

Talking with someone about what's going on may be helpful. The Women's Freedom Center advocates are here to listen and support you in whatever decisions you make.

We believe that women are the experts on their own lives. Our advocacy follows each woman's wisdom and leadership as we support her transition from simply surviving to achieving true freedom.

**We Offer:**

- 24 hour hotline
- Shelter for women and children
- Safety planning
- Advocacy where needed including legal, economic and medical systems
- Emergency transportation
- Individual & group support
- Community Outreach & Education

**FREE & CONFIDENTIAL**

**802-254-6954**

**You can call us anytime**

## DOES YOUR PARTNER...

- Tell you everything's your fault?
- Control all the money?
- Stop you from seeing or talking to friends and family?
- Keep you from doing what you want?
- Push, slap, pull your hair or hit you?
- Punch walls and/or throw things?
- Threaten you?
- Force you to have sex?

### Do You...

- Feel afraid of your partner?
- Make excuses for your partner's behavior?
- Sometimes feel like you're "walking on eggshells"?
- Stay because you're afraid of what your partner would do if you left?

**If you answered yes to any of these, you may be in an abusive relationship**

## WHAT IS IT?

**Domestic violence** is a pattern of abusive behavior, emotional, verbal, physical and/or sexual, used by one person to establish power and control over another in a relationship.

**Sexual assault** is any unwanted sexual attention, contact or activity.

**Sex without consent is rape.** It is illegal and it is wrong, and while there are many ways in which our culture places blame on the victim, it is always the perpetrator's fault.

**Stalking** is a pattern of following, lying in wait, or harassment, causing fear for safety and/or severe emotional distress.

## YOU ARE NOT ALONE

**1 in 4 women** in the US experience violence by a former or current partner in their lifetime.

**1 in 5 women** in the U.S. will experience rape or attempted rape in their lifetime.

Violence can occur in any type of relationship, but **most batterers and rapists are men** who assault women.

**AS LONG AS WOMEN  
ARE LESS SAFE  
THAN MEN,  
WE ARE LESS FREE**

**NO ONE  
HAS THE RIGHT  
TO BE ABUSIVE**

**ABUSE IS NOT  
A LACK OF CONTROL  
IT IS ALWAYS A CHOICE**

**IF YOUR  
PARTNER IS ABUSIVE  
IT'S NOT YOUR FAULT**

**Women's Freedom Center**  
is a social change  
organization working  
to end men's violence  
against women and  
their children.

**24hr Hotline:**  
802-254-6954

**Call-free in Windham County:**  
800-228-7395

**Business:**  
802-257-7364

**Collect Calls Accepted**



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[www.womenscc.org](http://www.womenscc.org)

[www.facebook.com/womensfreedomcenter](https://www.facebook.com/womensfreedomcenter)