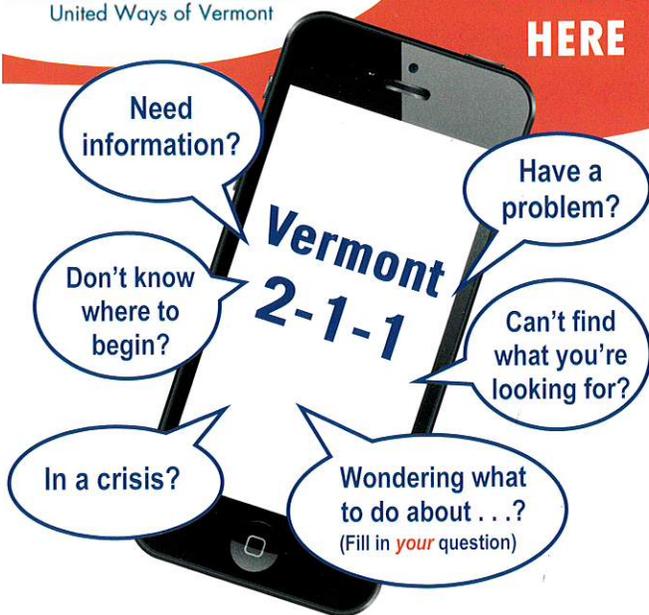


Vermont 
2-1-1TM
 Get Connected. Get Answers.
 United Ways of Vermont

**YOUR
 SOLUTION
 STARTS
 HERE**



- ◆ A free and confidential service
- ◆ Person-to-person assistance
- ◆ Language interpretation available

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7 Days a week, 24 hours a day
Or text your zip code to
898211

Standard msg & data rates apply. Text STOP to opt-out. For end user privacy and terms and conditions of texting with 898211, go to: <http://www.preventionpaystext.com/policies/>

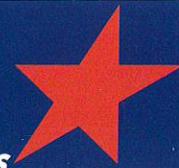
Search for our mobile app
 "Vermont 2-1-1" in your phone's app store

Toll free in Vermont: 1-866-652-4636
 From outside Vermont: 1-802-652-4636
 TTY: dial 7-1-1

www.vermont211.org



**For Everyday Needs
 or in Difficult Times
 2-1-1 is Your Connection
 to Thousands of Resources**



- ◆ Alcohol and Drug Programs
- ◆ Clothing and Thrift Shops
- ◆ Consumer Complaint Assistance
- ◆ Crisis Services
- ◆ Discrimination Assistance
- ◆ Domestic and Sexual Violence Services
- ◆ Education Support Services
- ◆ Food Shelves and Nutrition Programs
- ◆ Health and Wellness Resources
- ◆ Housing
- ◆ Human Trafficking
- ◆ Legal Assistance
- ◆ Mentoring
- ◆ Parenting Programs
- ◆ Stop Smoking Programs
- ◆ Tax Preparation Assistance
- ◆ Transportation
- ◆ Utility Assistance
- ◆ Veteran Services
- ◆ Volunteering
- ◆ Youth and Family Programs



Serving all Vermont families; prenatal parents to caregivers of young children through age 8. Dial 2-1-1 x 6 to speak with a Child Development Specialist

www.helpmegrowvt.org www.facebook.com/HelpMeGrowVT

... and much more

The mission of Vermont 2-1-1 is to promote the health and well being of all people in Vermont through a statewide information and referral system for streamlined access to community resources.

